Partnership ESCAP-APCD Project:


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Online meetings among participants and APCD
Income generation activities in Nang Rong District, Buri Ram Province
Situation

• Individuals with disabilities are at risk of contracting COVID-19.
• Individuals with intellectual disabilities (ID) are unable to advocate for their rights or gain access to benefits in the same way that others do.
• They gain weight, consume too much food, and have no physical activities at home.
• They live in an unhealthy situation both physically and mentally, which is a concern of their families.
• Due to the breakouts, Thai self-advocate groups of individuals with ID are unable to function and assist one another.
Overall Objectives

Improving the quality of life for persons with intellectual disabilities in the context of COVID-19 in Thailand.

- Explore first-hand knowledge
- Practice skills on sufficiency
- Adjust mindset
The expected result

Enhancing capacity of persons with intellectual disabilities to lead healthy, food-secure and independent lives during and after the COVID-19 pandemic

Physical exercise → Planting of vegetables and fruits → Income generation
Strategy

Mobilizing self-advocates with intellectual disabilities through the concept of Triangle Cooperation Strategy in order to pro-actively cope with the COVID-19 pandemic and its aftermath.
APCD Experiences in Thailand and Mekong Sub-region

In Thailand, APCD collaborates with many groups of self-advocates with disabilities.

• To support self-advocates with ID to have a sufficient standard of living through the Triangle Collaboration Strategy in Thailand and Mekong sub-region.

• Activities lead to making friends, developing their capacities, raising funds, creating unity, exploring new ideas and expanding the network.
In Thailand
In Mekong sub-region: e.g., Cambodia, Lao PDR, Viet Nam
Activities of the project:
Participation of the Dao Reung Group in Bangkok & the Healing Family Foundation in Chiang Mai

➢ Organize online gatherings every month.
➢ Conduct the first workshop in Buri Ram Province.
➢ Conduct the second workshop in Buri Ram Province.
➢ Coordinate grant proposals with appropriate agencies and organizations to help participants maintain their crop-growing operations.
➢ Create and disseminate reports and materials that demonstrate best practices.
➢ Bring stakeholders together for a virtual meeting to discuss best practices.
Challenges

- In order to use zoom and other tools, individuals with ID and their families must acquire new knowledge and skills.

- The COVID-19 condition is not predictable enough to plan on conducting in-person workshops.

- In order to attend the in-person activities, individuals must have been vaccinated at the appropriate time.
Good results

Good learning and sharing between two groups emphasizing a healthy lifestyle in both physical and mental aspects - food security, independent life and long-term enjoyment.
What we have implemented so far!

- Organize online gatherings every month focusing on these following topics:
  
  * Healthy life
  * Food security
  * Basic income generation
  * Herbal and alternative medicine
  * Loaning scheme of government at provincial level
Next steps

1. In February 2022, conduct the first of workshop in Buri Ram Province.
2. In April 2022, conduct the second workshop in Buri Ram Province.
3. Coordinate with all appropriate parties.
4. Make & distribute activity reports.
5. Organize the final meeting for sharing good practice among stakeholders and partners.
Conclusion

3 Cs >
✓ Commitment,
✓ Creation, and
✓ Cooperation
Thank You For Your Attention

Leave No One Behind